

## Welcome

Services for the Elderly is an independent 501(c)3 non-profit organization located at the rear of the Farmington Community/Senior Center. We are dedicated to Farmington's older citizens by helping them remain independent, productive and at home through programs and services such as Meals-on-Wheels, Friendly Visitors, Friendly Shoppers, transportation to medical appointments and by loaning donated, used medical equipment to those in need. We also provide information on other services available so our older citizens and their families know where to go if assistance beyond what we can provide is needed. [Click Here](#) to download our brochure. SENIOR SENSE 2018 Winter Edition - Twice yearly we publish and mail to Farmington residents our newsletter letting you know about our services and programs and what has been going on during the year. This spring we have a new fundraiser where you can honor a woman who you feel has made a significant contribution to our town. You can find more details inside this addition. Download it ([Click Here](#)) to read about what has been going on with all of our volunteer driven programs.

### WE ARE MEALS ON WHEELS

AMERICA If you or a loved one

needs help with meals whether short-term or long-term, Age

or income is not a factor to get meals on wheels. [Click here for more information.](#) CONGREGATE

MEALS - FOOD WITH FRIENDS Every Monday &

Friday (except holidays) we serve a full lunch at the Farmington

Community/Senior Center. Lunch is served

cafeteria style at 12 noon but people start to gather any time after 11:00 am to

have a cup of coffee and socialize with others who come to lunch. Join us, bring a friend, if you have

a caregiver bring them, if you are not a Farmington resident – that's OK too. The cost is \$2.75 at

the door. If you need transportation,

Farmington residents can call 860-675-2390 to arrange for free Dial-a-Ride

pickup. Reservations are a

necessity! Please call no later than the day before. [Click on the month for the menu.](#) [March Menu](#) [April Menu](#)

"IT'S GOOD TO GET OUT" is for ladies 65 or older, live alone and no longer drive who are

looking for companionship, enjoy fun, adventure and getting out. We have a great group for you to join.

Enjoy a pleasant day and good company going on fun get outs to interesting places in our area. [Click here for a brochure.](#)

Your transportation is free.

ALLSTATE HELPING HANDS IN THE COMMUNITY We want to thank Ray Zailskas and The Allstate Foundation for choosing us as a 2017 \$1000 award recipient Each year The Allstate Foundation awards \$1,000 grants to nonprofit organizations who are invited to apply by a local agent/volunteer. Ray Zailskas, a long-time volunteer and Board member, has two local agencies in both Canton and Southington. Services for the Elderly has enjoyed many years of great association with Ray Zailskas and Megan Jaeggi as part of our organization and looks forward to many more