

## Welcome

Services for the Elderly is an independent 501(c)3 non-profit organization located at the rear of the Farmington Community/Senior Center. We are dedicated to Farmington's older citizens by helping them remain independent, productive and at home through programs and services such as Meals-on-Wheels, Friendly Visitors, Friendly Shoppers, transportation to medical appointments and by loaning donated, used medical equipment to those in need. We also provide information on other services available so our older citizens and their families know where to go if assistance beyond what we can provide is needed. [Click Here](#) to download our brochure. It's that time again - TAXES! Call 860-673-1441 to make an appointment for free tax assistance. AARP tax preparers are here every THURSDAY starting February 7th until the tax filing deadline

### WE ARE MEALS ON WHEELS

AMERICA If you or a loved one needs help with meals your age or income whether short or long-term doesn't matter. [Click Here](#) more information. CONGREGATE

### MEALS - FOOD WITH FRIENDS Every Monday &

Friday (except holidays) we serve a full lunch at the Farmington

Community/Senior Center. Lunch is served

cafeteria style at 12 noon but people start to gather any time after 11:00 am to

have a cup of coffee and socialize with others who come to lunch. Join us, bring a friend, if you have

a caregiver bring them, if you are not a Farmington resident – that's OK too. The cost is \$2.75 at

the door. If you need transportation,

Farmington residents can call 860-675-2390 to arrange for free Dial-a-Ride

pickup. Reservations are a

necessity! Please call no later than the day before. [Click on the month for the menu.](#) [Click here for the menu for: January](#)

20 BECOME A VOLUNTEER

### Services

for the Elderly is a well tuned service engine fueled by all

volunteers. Our goal is to help the seniors of Farmington/Unionville

remain as independent as possible while remaining in their home.

Volunteering with us will never be overwhelming. Call Nancy Walker at

860-673-1441 for more information and become part of our great team of

volunteers.

"IT'S GOOD TO GET OUT" is for ladies 65 or older, live alone and no longer drive who are looking for companionship, enjoy fun, adventure and getting out. We have a great group for you to join.

Enjoy a pleasant day and good company going on fun get outs to interesting places in our area. [Click here for a brochure.](#)

Your transportation is free.